

Date: 05/10/2021

To: Students' Union Council

Re: Vice President Operations & Finance 2021/22 Report #12

Dear Council,

Hello again! I hope you've been keeping safe and healthy. First, I apologize for having my council report in the late additions this week. A few personal things came up that I had to deal with. Secondly, can you believe that we are in October already?!

Although I'm sad that it's starting to get chilly outside, it can only mean one thing. We're that much closer to Christmas!!! Yes - I am that person. You already know I've started listening to my Michael Bublé Christmas album. The weeks are truly flying by. I hope you're all settled into your classes and finding your groove. I'm sending you all the positive vibes during this midterm season. You've got this. If there's any way I can support you, please let me know :)

Here's what I've been up to these last few weeks:

Health and Wellness

EmpowerMe

Covered by the SU Health and Dental Plan, EmpowerMe is an affordable and highly accessible mental health and wellness service. EmpowerMe was first introduced last year. A goal of mine this year was to ensure that EmpowerMe was renewed so that students could still have access to this resource. EmpowerMe is now fully integrated into the SU Health and Dental plan with no extra cost to students! So, students will continue to have access to additional support through EmpowerMe.

UASU Perks

Another goal of mine was to promote our current mental health and wellness services (like EmpowerMe and the Peer Support Center) using UASU perks, a creative way to promote mental health using a popular platform to get the message out to students. From September, we began to promote our health and wellness services using Perks in interactive ways like surveys and quizzes. The Peer Support quiz we put out this month had

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over 1400 responses! We will continue to do this and highlight one of our wellness services to get the message out to students each month.

Period Equity

As VP Dixon and I mentioned, two dispensers will be going up in Van Vliet. The dispensers have now arrived, and VP Dixon and I delivered them to CCR last week. The dispensers should be going up within the next few weeks.

As we mentioned at our last Council meeting, we continue to push for additional dispensers to be installed across campus. We put together and submitted a proposal last week to the Dean of Students. The proposal explained the importance of the Period Equity initiative and included photos of where we could put up additional dispensers across campus and information about the dispensers. We are waiting to hear back, but we will keep you updated.

BulkFoods at SUBmart

I'm so excited to say that we will implement a Bulk foods section at SUBmart in January! One of our priorities this year is to work towards making SUB a more sustainable building. One way to do that is to implement a Bulk foods section in SUBmart. The idea is to offer healthy, convenient food without producing much waste. This initiative is a simple yet effective way to promote and implement waste reduction and offers a healthier, eco-friendly food option. We are still in the process of working out the logistics. I'll keep you updated as we move along.

If you have any questions about anything in this report, please don't hesitate to reach out. I'm always down to grab a coffee and chat.

All the best,



Emily