

**Tuesday, September 7th, 2021
6:00PM
Zoom**

We would like to respectfully acknowledge that our University and our Students' Union are located on Treaty 6 Territory. We are grateful to be on Cree, Dene, Saulteaux, Métis, Blackfoot, and Nakota Sioux territory; specifically the ancestral space of the Papaschase Cree. These Nations are our family, friends, faculty, staff, students, and peers. As members of the University of Alberta Students' Union we honour the nation-to-nation treaty relationship. We aspire for our learning, research, teaching, and governance to acknowledge and work towards the decolonization of Indigenous knowledges and traditions.

LATE ADDITIONS (SC-2021-10)

- | | |
|-------------|--|
| 2021-10/1 | <u>SPEAKERS BUSINESS</u> |
| 2021-10/2 | <u>CONSENT AGENDA</u> |
| 2021-10/3 | <u>PRESENTATIONS</u> |
| 2021-10/4 | <u>EXECUTIVE COMMITTEE REPORT</u> |
| 2021-10/5 | <u>BOARD AND COMMITTEE REPORT</u> |
| 2021-10/6 | <u>OPEN FORUM</u> |
| 2021-10/7 | <u>QUESTION PERIOD</u> |
| 2021-10/8 | <u>BOARD AND COMMITTEE BUSINESS</u> |
| 2021-10/9 | <u>GENERAL ORDER</u> |
| 2021-10/9a | DIXON MOVES TO approve the First Principles of the Mental Health Policy |
| 2021-10/9b | LEY MOVES TO go in camera. |
| 2021-10/10 | <u>INFORMATION ITEMS</u> |
| 2021-10/10f | Executive Committee Reports
See SC-2021-10.8-10.12 |
| 2021-10/10g | Council Submissions
See SC-2021-10.13 |

2021-10/10h First Principles of the Mental Health Policy

See SC-2021-10.14

2021-10/10i Student Group Committee Trimesterly Report

See SC-2021-10.15

2021-10/10j GOTV Presentation Slides

See SC-2021-10.16

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

This form is intended to be used by members of Students' Council to submit items for Council meetings.

Council Meeting Date Tuesday, September 7, 2021

Mover LEY

Email rowan.ley@su.ualberta.ca

Action Requested Information Items

Information Items

Abstract

President's Report

Attachments



Date: 09/07/21

To: Students' Union Council

Re: President's Report 08/24/21

Hi Council,

Thank you for your patience in having the Exec team reports on the late additions this week. WOW is the busiest week of our year, and we have all been working hard to help make this week a great experience for new students. I hope you are all enjoying our in-person activities, reuniting with friends, and appreciating the face-to-face education that U of A does best!

The Exec team and I have been making the most of WOW. We toured mayoral candidate Amarjeet Sohi and President Flanagan through clubs fair, spoke to hundreds of students and dozens of clubs about the UASU, and more. Student groups are a core part of the U of A experience, and we want to make sure we understand their concerns and pass them on to decision makers.



Limited Pass/Fail Proposal

Abner and I have met with College Deans Matina Kalcounis-Rueppel of Natural and Applied Sciences, and Greta Cummings of Health Sciences, to discuss our proposal. We are also meeting with Arts and Humanities Dean Joseph Doucet next week. We are pleased that they have had constructive and valuable feedback, and helped improve our proposal. The Registrar's Office has also completed a draft calendar change for discussion and review. This project is ahead of schedule and making excellent progress.

Rowan Ley, President

2-900 SUB | 780 492 4241 | president@su.ualberta.ca

Our current proposal is closely aligned with what VP Monteiro and I had in our platforms. It would apply to up to 12 credits, applicable only to non-program requirements. That would include both electives and non-specified credits in a topic.

Return to Campus and COVID Safety

While we are grateful to be back on campus in person, we are keeping a close eye on reports of positive COVID cases in the campus community. Most students have been respectful of masking rules, and have done their part to ensure we can continue in-person learning. Unfortunately, though, provincial case counts continue to rise dramatically, mostly in unvaccinated populations. We anticipate further action to fight rising case numbers from the province and university in the very near future. We are keeping a close eye on the situation and will update Council further when there are relevant changes.

Exceptional tuition increases

Abner and I spoke to the Dean of Engineering, Dr. Simaan AbouRizk, about the Engineering ETI proposals and have been in contact with affected Faculty Associations. The University has set a deadline of September 29th for Faculties to finish consultation and revisions of their proposals (extended from an initial September 11th), both of which are obviously unacceptable-- trying to fix the flaws of a rushed consultation with an even more rushed consultation does not solve the problem. We are working with FAs to determine our next steps.

Board of Governors

Governor Konrad and I will be at the first Board retreat last Friday discussing the impact of the pandemic on students, and how the university can support a safe return to campus. We were also joined by Minister Nicolaidis and had the opportunity to discuss the future of the Alberta 2030 strategy.

As always, get in touch if you have any questions or concerns!



University of Alberta Students' Union President
Rowan Ley

Tuesday, September 7, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

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Council Meeting Date Tuesday, September 7, 2021

Mover Monteiro

Email abner.monteiro@su.ualberta.ca

Action Requested Information Items

Information Items

Abstract

VPA Report #10

Attachments



SC10_September_07_2021.pdf

Date: 07/09/2021

To: Students' Union Council

Re: Vice President Academic 2021/22 Report #10

Dear Council,

Happy September! I hope all of you got the opportunity to enjoy the first three days of the Week of Welcome and to enjoy the Clubs Fair! Below is a summary of what I have been up to over the last two weeks:

Zero Textbook Cost Indicator Program

In my last update of the program, I told all of you that we had reached 270+ responses to the ZTC form shared with instructors at the end of August.

As of today, we have blown that number out of the water!!! I now have some more solid numbers to share with you. As of last week, the ZTC program registered 740+ course sections as ZTC. That equates to 614+ UNIQUE COURSES at the University of Alberta. This program is HUGE for us as a Students' Union and a University because we are now finally able to see what Zero Textbook uptake is like at our institution. This information will help save students money, increase access to education, inform our advocacy efforts in the future and help direct appropriate and informed supports to instructors teaching in this format.

SRA Summit Planning

As we get into September, I will be ramping up planning for the SRA Summit. I will be sending out a form to all Student Representative Associations to express what they see as significant issues on campus that don't get much attention. This information will help to inform the scope of the Summit.

The Summit has a tentative date set for the first weekend in November (Nov. 5 - 6, 2021).

Meeting the College Deans

Over the last week, Rowan and I have met with the College Deans to discuss several topics about the new colleges. As many of you know, a campaign promise of mine was to work to implement a pass/fail grading system for course electives as a way to increase interdisciplinarity among students who are hesitant to step out of their comfort zone or risk jeopardizing their GPA. Rowan and I presented our proposal to the college deans, who were very receptive to the idea of this new grading scheme. We are optimistic that through collaboration with the Registrar's Office, we will make significant progress with this proposal.

Support for In-Person Learning

Currently, we are in the process of creating a google sheet to share with students that identify every classroom on campus that have been upgraded over the summer to have lecture streaming and recording capabilities. Currently, the IST has upgraded 66 lecture theatres and classrooms to have this capability. We have taken the information the Registrar's Office has provided and curated a form to help you identify courses that you may have in one of these upgraded classrooms.

While this is not a perfect solution to a growing concern about covid safety in classrooms on campus, it is a good starting point. At the same time, we continue to advocate for students who may be sick and can't attend class or don't feel comfortable attending class because the lecture theatre is full and social distancing cannot occur.

The form should be up by the end of the week, and this will allow students to see if they have a course in a lecture theatre with this capability. Students will then be able to go to their instructor and request that an alternative option to attending lectures be provided, such as a live stream while class is going on or posting a recording that uses the technology in the theatre/classroom.

Bylaw Committee

Second Principles of Bylaw 200 will be going to Bylaw Committee for approval at the next meeting.

Policy Committee

Councillors Amer, Beasley, Dhillon and I are currently wrapping up the consultation for the Second Principles of the Experiential Learning Political Policy.

Student Group Committee

The Student Group Committee will be meeting next week to discuss complaints and referrals received over the summer months.

Cheers,



Abner Monteiro

Vice President Academic
University of Alberta Students' Union

Tuesday, September 7, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

This form is intended to be used by members of Students' Council to submit items for Council meetings.

Council Meeting Date

Tuesday, September 7, 2021

Mover

Fotang

Email

christian.fotang@su.ualberta.ca

Action Requested

Information Items

Information Items

Abstract

report 10

Attachments



Council Report 21_09_07.pdf

Date: 2021/09/07

To: Students' Union Council

Re: Vice President External 2021/22 Report #10

Hello Council!

I hope you all enjoyed your first week back to classes and are staying safe.

GOTV

The Get Out The Vote Campaign has been going great! Thank you to all the councillors who were at the club's fair booth to help remind students to vote!

Tomorrow, September 8th, 2-4pm is our first major GOTV event. We will be hosting the Edmonton-Strathcona candidates forum. Please come and bring all your friends, there will be food, drinks and an opportunity to hold our future MPs accountable.

Week of Welcome

Appreciation

Thank you to all the councillors who were able to volunteer their time at clubs fair this year to share the good word about Council and the work the UASU does. A massive thank you to the team of events folks, coordinators and staff who facilitated another successful week of welcome.

Meeting with Armajeet Soji

Last Friday, President Ley and I gave candidate Sohi a tour of the club's fair. Candidate Sohi had the chance to see the innovation, leadership and incredible student-led projects occurring here at the UofA.

President's Address

The execs emceed presidents' addresses. Although it was virtual, we hoped that students wherever they were watching this event absorbed the messages of wisdom and encouragement from Presidents Hanson, Ley and Flanagan. It was an honour to be part of that event and I wish all first years the best of luck as they commence their university career/

Mayoral Planning Working Group

The planning group met this past Tuesday to continue planning for the Mayoral forum. We have heard back from seven candidates and are now in the promotion stage of the event. We are also monitoring the situation of covid and delta and are planning for backup virtual format in the event health regulations change.. As always I will keep the council updated on any developments and when you can RSVP for this event.

As always, I look forward to hearing from you and answering any questions you have. I hope you enjoy the rest of your week and are studying well!!

Yours Externally,



University of Alberta Students' Union Vice President External
Christian Fotang

Tuesday, September 7, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

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Council Meeting Date Tuesday, September 7, 2021

Mover KIMANI

Email emily.kimani@su.ualberta.ca

Action Requested Information Items

Information Items

Abstract

N/A

Attachments



Council Report 10 Sept 9, 2021 (2).pdf

Date: 07/09/2021

To: Students' Union Council

Re: Vice President Operations & Finance 2021/22 Report #10

Dear Council,

We made it through the first week of the semester! I hope you all had a great week. It was so lovely to see so many of you around campus. Now for this week's plant update, I have a total of thirteen plants in my office. I'm not going to lie, I'm running out of room, but I'm slowly making it towards my goal. Please stop by and come say "hello" if you're on campus :)

The last two weeks have been packed in the best way possible, and for that reason, my council report will be brief.

U-Pass Update

The Arc cards have finally arrived. We received our entire order of cards a few days ago. We are now in the process of finalizing our distribution and communications plan. Mass distribution will start on Sept 13th and continue for another three weeks. We will be posting information about the exact dates, locations, and times in the next few days.

Solar Greenhouse

We have officially launched our Solar Greenhouse. The soft launch happened last week, and we are all very excited about it. The Solar Greenhouse will steer us towards securing a sustainable future for the Students' Union and aligns with our values and strategic plan rooted in empowering students, building relationships, and, most of all, serving all students. The Solar Greenhouse will empower our students by supporting the creativity, innovation, and entrepreneurship of students in achieving their desired outcomes; build our relationships by working with other partners- our members, alumni, and the University community as a whole to achieve our mission and vision; and will serve all students by encouraging diverse programming across campuses that will contribute to a rich and meaningful student experience. The official launch will be happening in October.

Emily Kimani, Vice President Operations and Finance
2-900 SUB | 780 492 4241 | vp.finance@su.ualberta.ca

Period Equity

As VP Dixon and I mentioned in our last council meeting, we'll be putting up two dispensers in Van Vliet. We have purchased the dispensers, and they should be arriving by the end of next week. Our dispensers in SUB have been getting a lot of use! For that reason, we've ordered a bunch more products to ensure that we're fully stocked. Additionally, we now have a survey that we will use to track the usage of our dispensers and collect any feedback students may have.

Aboriginal Awareness Week

The Aboriginal Awareness Week Advisory committee has been working on putting together a list of events that will take place during the week, compiling them, and making a draft schedule. We will continue to update you as we start finalizing things.

If you have any questions, please feel free to reach out.

All the best,



Emily

Date: 7/09/2021

To: Students' Union Council

Re: Vice President Student Life 2021/22 Report #10

Hi everyone!

I hope the start of the semester has been going smoothly. Last week was very busy for the exec, which is why our reports are a few days late!

Last week was filled with Week of Welcome activities! On Tuesday, we spoke at the President's Address. Throughout the week, I spoke to folks in residence about the UASU is and how to get involved on campus. We also tabled at Clubs Fair, walked around and chatted with students, and came out to Ratio! Overall, it was super fun to attend these events and get to know more students, particularly first years :)

There are lots of fun [events](#) happening next week. Come out to them if you can!

Period Equity

The Period Equity Initiative is going so well! In the past two weeks, we have:

- Added stickers to all the dispensers and refilled the dispensers multiple times because the products are being used so much!!!
 - For context, the picture below shows the dispenser on Monday morning, and I refilled it on Friday morning
- We ordered 1000 dollars worth of product to keep the project going
- We picked out a spot for the dispensers in Van Vliet and delivered the dispensers to CCR. They are going to be placed outside of both the gender-inclusive washrooms in lower level VVC. They will be up sometime this week, and Ill send y'all a picture!
- We created a survey to learn more about why folks are using these products and how we can improve the project

Soon we will finalise a sponsorship with the University and finish planning for the period awareness campaign that will be happening later in the year.



Aboriginal Awareness Week

Planning for Aboriginal Awareness Week (AAW) is well underway. We now have a rough schedule for the week and are applying to grants for the event. But we still have a few slots open for events. **If you have any ideas for events, speakers, or things we could do for AAW, please let me know!** Here's a tiny photo of the draft schedule.

Monday			
Slot #1 Morning 10:00am - 11:00am	Opening ceremony and keynote from professor	Promo / Educational	- Have a committee member(s) into the AAW and do any other opening ceremony things we need to do like - I think it would be good if we had exec + ASC give little speech - Pick a professor to come in and do a keynote about their work - Pick a place to host it - Might need to give away promo things at this event and give away food to get ppl to come out
Slot #2 Afternoon 12:00pm - 1:00pm or if we run out of food	Indian Taco Lunch	Educational / promo the event	- Get volunteers to hand out food - Do all food approval things - Offer food - Ask CFB if they would help host / want donations
Slot #3 Afternoon 3:00-4:30	Indigenous Activism Panel	Educational	- Have a volunteer / committee member write a land acknowledgement and intro for this event - Have a committee member write questions for them - Find ppl to invite
Slot #4 Evening 6:00pm - 8:00pm	KAROS Blanket Exercise	Educational	- Book the folks who run the KAROS Blanket Exercise - Decide what room(s) we are using for this - Have a volunteer / committee member write a land acknowledgement and intro for this event
Tuesday			
Slot #1 Morning 10:00am - 11:00am	Two Spirit/kying session	Educational and community	- Have a volunteer / committee member write a land acknowledgement and intro for the event - Find someone to host the event / teach us
Slot #2			
Slot #3 Afternoon 4:00pm - 6:00pm	Reading workshop	Educational	- Have a volunteer / committee member write a land acknowledgement and intro for the event - Find someone to host the event / teach us - Buy materials for everyone
Slot #4 Night 7:00pm - 9:00pm	Movie Night	Fun / Educational	- Pick out a movie - Decide where to host it - Have a volunteer / committee member write a land acknowledgement and intro for the event
Wednesday			
Slot #1			
Slot #2 Afternoon	Indigenous book/author workshop	Educational	- Find someone to run it and teach - Have a volunteer do an intro and a acknowledgement
Slot #3			
Slot #4 Evening 6:00pm - 8:00pm	Jigging Session	Educational / Community	- Find someone to run it and teach - Have a volunteer do an intro and a acknowledgement
Thursday			
Slot #1 Morning 10:00am - 11:00am	Grandmothers tea	Community building / educational	- Pick a room for this to be in - Invite others to come - Figure out if we want this to be open to everyone - just open to women? Or just open to FNMI students - Pick out breakfast / tea options
Slot #2 Afternoon 12:00pm - 1:00pm	Traditional Dancers and drummers on SUB stage	Educational	- Figure out how to host this at SUB Stage - Book performers - Have a volunteer / committee member write a land acknowledgement and intro for the event
Slot #3			
Slot #4 Evening			
Friday			
Slot #1 Morning 10:00am - 11:00am	Ribbon Skirt Workshop	Educational	- Have a volunteer / committee member write a land acknowledgement and intro for the event - Find someone to host the event / teach us - Buy materials for everyone
Slot #2			
Slot #3	Closing ceremony and Round dance		

The Pronoun Campaign

The Pronoun Campaign has been a huge success! Over 140 individual instructors signed up for the campaign, and over 200 classes were shown the resources. Soon we will collect feedback from instructors who took part in the campaign to learn more about how to improve it for the winter semester. We will also create a report so Council can get all the details about the campaign!

Other

As usual, there are many other things I have been working on / doing that I don't have time to highlight here. Some of those things include

- We are planning an event for first-year residents. CORA has started planning a fun event for first-time residents. The event will be held on October 2nd and will focus on having students mix with people who aren't from their res
- Working on a survey for students living in residence / who have lived in residents so we can learn how to direct our advocacy efforts. And finalising a wellness survey that we will be running in partnership with CCR
- Attending COVID response and planning meetings with the university and continuing to advocate for solutions that centre students

That's all for now! Best,
Talía Dixon

Talia Dixon

University of Alberta Students' Union Vice President Student Life

Talia Dixon, Vice President Student Life

2-900 SUB | 780 492 4241 | talia.dixon@su.ualberta.ca

Tuesday, September 7, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

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Council Meeting Date

Tuesday, September 7, 2021

Mover

Monteiro

Email

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Action Requested

Information Items

Information Items

Abstract

Nominating Committee
Summer Trimester Report 2021/2022

Attachments



NC_SummerReport_2021.pdf

Date: 07/09/2021

To: Students' Union Council

Re: Nominating Committee - Summer Trimester Report 2021/2022

Dear Council,

This summer has been a very productive one for the Nominating Committee. Please see the outline of our activities below.

Activities During the Trimester

During our initial meetings as a committee, the Nominating Committee had some important conversations about our strategic plan for the year. We established a benchmark for Students' Union applicants that highlighted an understanding of the position, clear effort and intent to get involved, and E.D.I. The committee mutually understood that students come from all walks of life, and there is no one particular set of experiences that can prepare someone to sit on a committee. Most importantly, through their own experiences, applicants could display communication, leadership, conflict management, etc.

The committee adjudicated student-at-large representatives for the Student Group Committee (SGC), Sustainability Committee, Sustainability and Capital Fund Committee (SCFC), Translation Committee, Aboriginal Relations and Reconciliation Committee (ARRC), and the University of Alberta Senate. We successfully filled all of these positions so committees could start their work.

The Nominating Committee also conducted shortlist interviews for the University of Alberta Senate and Student Group Committee. These interviews taught us valuable information about promoting opportunities. Many students turn to the Student Group Newsletter to learn about opportunities to get involved. However, there traditionally has not been much use of it to promote student-at-large vacancies. We have made use of the newsletter, and this has shown an increase in applications!

Summary of Decisions, Recommendations and Motions

- We approved the job postings for the SGC, SCFC, ARRC, Translation Committee, Sustainability Committee, and the University of Alberta Senate.
- We adjudicated applicants for the SGC, SCFC, ARRC, Translation Committee, Sustainability Committee, and the University of Alberta Senate.



Abner Monteiro

Chair, Nominating Committee

University of Alberta Students' Union

Monday, September 6, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

Council Meeting Date Tuesday, September 7, 2021

Mover DIXON

Email talia.dixon@su.ualberta.ca

Action Requested Approval

Approval

Motion DIXON MOVES TO approve the first principles of the mental health policy

Abstract

DIXON MOVES TO approve the first principles of the Mental Health Policy.

Political Policy

Mental Health Policy

First Principles

Preamble

One of the primary concerns of the University of Alberta Students Union (UASU) is advocating for increased mental health supports for Undergraduate students. This policy was created with the intention of guiding the UASU advocacy to create campus mental health supports that help all Undergraduate students.

Definitions

1. Mental Health
 - a. “Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.”¹
2. Aboriginal Relations and Reconciliation Committee Recommendations (ARRC)
 - a. The recommendations outline clear ways that the UASU can support First Nations, Métis, Inuit (FNMI) students and make mental health supports more accessible to them²
3. Alberta Advanced Education (AAE)
 - a. The Ministry of Advanced Education, commonly referred to as AAE, is the ministry responsible for the public funding of post-secondary education institutions in the province of Alberta as well as the funding of loans, scholarships and grants for post-secondary education students.³
4. Harm Reduction

¹ <https://www.mentalhealth.gov/basics/what-is-mental-health>

² The Aboriginal Relations and Reconciliation Committee Recommendations
<https://www.su.ualberta.ca/about/arrcrecommendations/>

³ <https://open.alberta.ca/dataset/9c785a4b-e79a-465b-8fa9-322a322f1f15/resource/ad6b3606-65e1-4556-bb8e-daa67d902dac/download/advanced-education-annual-report-2018-2019-web.pdf>

- a. “Harm reduction refers to policies, programmes and practices that aim to minimise negative health, social and legal impacts associated with drug use, drug policies and drug laws”⁴;
- 5. Intergenerational trauma
 - a. Is trauma that is passed down through generations following traumatic events⁵;
 - b. This can result in psychological distress, anger, anxiety, PTSD, depression and much more⁶;
 - c. Some examples of communities impacted by intergenerational trauma are:
 - i. Ukrainians who were impacted by the Holodomor⁷
 - ii. Communities (including but not limited to Jewish communities) impacted by the Holocaust⁸
 - iii. And Indigenous communities impacted by historical and ongoing colonial genocide⁹
- 6. Substance use and addiction
 - a. Addiction is defined as “the fact or condition of being addicted to a particular substance, thing, or activity”¹⁰
 - b. Substance use includes but is not limited to the use and abuse of alcohol, cannabis, tobacco, and recreational drugs;

1 Facts

1. Mental health plays a crucial role in the student experience and how successful they are in their academics.
2. Numerous factors contribute to a students’ mental health. These factors could include but are not limited to:
 - a. Discrimination because of one’s gender, sexual orientation, race, ethnicity, indigeneity, class or disability;
 - b. Relationship with addiction and substance abuse;
 - c. Having been sexually harassed or assaulted;

⁴ <https://www.hri.global/what-is-harm-reduction>

⁵ <https://www.apa.org/monitor/2019/02/legacy-trauma>

⁶ <https://www.apa.org/monitor/2019/02/legacy-trauma>

⁷ <https://www.apa.org/monitor/2019/02/legacy-trauma>

⁸ <https://www.apa.org/monitor/2019/02/legacy-trauma>

⁹

<https://www.heretohelp.bc.ca/visions/indigenous-people-vol11/intergenerational-trauma-and-indigenous-healing#:~:text=For%20Indigenous%20peoples%20in%20Canada,the%20Indian%20Residential%20School%20System.>

¹⁰ Addiction Definition Google Search

- d. Trauma (including physical, emotional or mental trauma);
 - e. And work-school-life balance.
3. The World Health Organization (WHO) states that¹¹:
 - a. “Mental health and many common mental disorders are shaped to a great extent by the social, economic, and physical environments in which people live”;
 - b. Social inequalities are associated with an increased risk of many common mental disorders.
 4. The Mental Health Commission of Canada developed a National Standard for Mental Health and Well-Being for Post-Secondary Students. This lays out the roles and responsibilities institutions have with respect to their students.¹²
 - a. This includes calling for culturally appropriate mental health and well-being support for students.
 5. There are numerous supports available to students on campus. Many of these services provide access to health care professionals including psychologists and therapists, culturally sensitive mental health supports, and other resources (such as the [Campus Food Bank](#)) that can help improve students' well-being. These services include but are not limited to:
 - a. [Counselling and Clinical Services](#);
 - b. [First People’s House](#);
 - c. [The Peer Support Centre](#);
 - d. [Empower Me](#);
 - e. and the [Access Team](#).
 6. The National College Health Assessment Survey found that between 2013 and 2019¹³:
 - a. Students' feelings of overwhelming anger, overwhelming anxiety, so depressed were difficult to function, very sad, very lonely, overwhelmed by everything to do and that things were hopeless, all significantly increased;
 - b. Treatment for panic attacks, depression and anxiety doubled; and
 - c. Students who attempted suicide seriously considered suicide, and intentional self-harm nearly doubled.
 7. The last National College Health Assessment was conducted in 2019. University of Alberta specific from National College Health Assessment (2019):
 - a. 69.6% of respondents felt very lonely at any time within the last 12 months;

¹¹ WHO Social Determinants of Mental Health report

¹² The Mental Health Commission of Canada National Standard for Mental Health and Well-Being for Post-Secondary Students

¹³ The National College Health Assessment Survey

- b. 76.7 % of respondents felt very sad in the past 12 months;
 - c. 66.4% felt overwhelming anxiety at some point within the 12 months;
 - d. 47.2.% felt so depressed it was difficult to function at any time over 12 months;
 - e. 62.9% of respondents felt things were hopeless at some point within the last 12 months.
8. Canada's Mental Health Strategy includes the following First Nation-specific mental wellness priorities¹⁴:
- a. Close critical gaps in the continuum of mental wellness services, treatments and supports for First Nations, including traditional, cultural, and mainstream approaches;
 - b. Disseminate and share knowledge about promising traditional, cultural, and mainstream approaches to mental wellness, such as mental wellness teams and recognizing the role of Elders;
 - c. Support and recognize the community as its own best resource by acknowledging local knowledge and by developing community capacity to improve mental wellness;
 - d. Enhance the knowledge, skills, recruitment and retention of the range of service providers able to provide effective and culturally safe services, treatments and supports for First Nations mental wellness; and
 - e. Strengthen collaborative relationships among federal, provincial, territorial and First Nations governments to improve policies, programs and services related to mental wellness.
9. Canada's Mental Health Strategy includes the following Métis-specific mental wellness priorities¹⁵:
- a. Consult and engage Métis people to develop a Métis-specific mental health and substance-use strategy;
 - b. Build Métis knowledge through research to understand fully the intergenerational effects of colonization and the mental health needs of Métis people today;
 - c. Develop, increase and sustain Métis mental health human resources;
 - d. Improve access to a full continuum of culturally competent and culturally safe mental health services, treatments and supports for Métis people; and
 - e. Develop and strengthen collaborative relationships at all levels of government to advance and improve Métis mental health and well-being

¹⁴ Canada's Mental Health Strategy

¹⁵ Canada's Mental Health Strategy

10. Canada's Mental Health Strategy includes the following Inuit-specific mental wellness priorities¹⁶:
 - a. Close critical gaps in the continuum of mental wellness services, treatments and supports for Inuit, including traditional, cultural, and clinical approaches;
 - b. Support Inuit to respond to their mental health needs by drawing on the knowledge and strengths in their communities;
 - c. Provide adequate, sustained funding and support to develop the mental health workforce and strengthen recruitment and retention of mental health workers;
 - d. Increase the availability of Inuit-specific mental wellness data, research, information, knowledge and training; and
 - e. Bring about transformation in mental wellness services through strong partnerships with government, non-government organizations, foundations and the private sector.
11. According to the University of Alberta Students' Union (UASU) 2020 Annual General Survey Report¹⁷:
 - a. "13% of respondents with neurological, cognitive, or psychiatric conditions had experienced mental-health-related discrimination/unfair treatment from University of Alberta Protective Services (UAPS) or law enforcement on or near campus. 12% had seen it happen to other people";
 - b. According to qualitative data, many students did not feel as though UAPS was the best group to meet their needs during mental health crises;
 - c. According to qualitative data, COVID caused serious stress and generally had a deterrent effect on students mental health'
 - d. According to qualitative data, wellness checks in residence could be improved to meet residents needs. Training could also be changed to meet the needs of Residence Assistants (RAs).
12. Substance abuse and addiction can have an impact on one's mental health and academic success. According to the 2019 National College Health Assessment (NCHA) substance abuse and addiction are issues that impact University of Alberta students¹⁸:
 - a. Alcohol use and abuse is by far the most common substance related issue on campus;

¹⁶ Canada's Mental Health Strategy

¹⁷ UASU 2020 Annual General Survey Report

¹⁸ The 2019 National College Health Assessment (NCHA)

- i. “0.8% of male students and 0.1% of female students (0.5% of the total sample, comparable to roughly 160 students) reported using alcohol for every one of the past 30 days”,
 - ii. “2.8% of respondents (comparable to roughly 900 students) stated that alcohol use impacted their academic performance within the past 12 months”,
 - iii. Alcohol use and abuse has also been tied to hazards and dangerous/harmful behaviours such as drinking and driving,
 - b. “1.1% of respondents (comparable to roughly 350 students) stated that drug use impacted their academic performance within the past 12 months”;
 - c. Substance abuse and addiction can have serious impacts on one’s mental health and academic performance.
- 13. Homelessness continues to impact University of Alberta students:
 - a. According to the UASU 2019 Student Homelessness and Food Insecurity Amount University of Alberta Students Survey¹⁹;
 - i. “55 students reported two or more homelessness-related experiences since enrolling at University of Alberta”,
 - ii. This often impacts marginalized communities,
 - iii. “Students do not tend to associate their experiences with homelessness; for example, while 25 students stayed in a car, abandoned building, or other places not meant for housing, only 13 had identified as homeless”,
 - b. Being homeless or living in an unsafe/insecure environment can impact an individual’s mental health;
 - c. Many individuals experiencing homelessness, addiction, or mental health crises seek refuge on our campus. These individuals are often seen as a threat and are removed from campus.
- 14. An individual's ability to access and relationship with food can have a huge impact on one’s mental health:
 - a. According to the 2019 Student Homelessness and Food Insecurity Amount University of Alberta Students Survey 310 students reported significant food insecurity of students experience food insecurity throughout their degree²⁰;
 - b. Eating disorders effect over a million people in Canada many of whom are undiagnosed²¹;

¹⁹ UASU 2019 Student Homelessness and Food Insecurity Amount UAlbertaUAlberta Students Survey

²⁰ UASU 2019 Student Homelessness and Food Insecurity Amount UAlbertaUAlberta Students Survey

²¹ <https://nied.ca/about-eating-disorders-in-canada/>

- c. Eating disorders are also highly gendered because 90% of those diagnosed with anorexia or bulimia are women²²;
 - d. There are limited resources available for those struggling with eating disorders here at the University of Alberta;
 - e. There is a lack of access to high quality, inexpensive, and culturally diverse food on campus.
15. Intergenerational trauma can have a serious impact on an individual's mental health²³
16. Mental health supports are often difficult to access because:
- a. Counselling and Clinical Services has long waitlists and often refers students to other clinics adding time to the process;
 - b. Prescription medications are often expensive particularly without insurance;
 - c. Mental health resources are often stigmatized which can impact an individual's willingness to access supports;
 - d. And because students are unaware of the variety of on campus resources available to them.
17. Harm reduction can be used to meet the needs of those struggling with mental health crises and prevent mental health crises in the first place²⁴:
- a. Harm reduction can also be used to address things outside of drug abuse such as sexual assault, crime, and mental health;
 - b. Some examples of harm reduction on campus include:
 - i. Naloxone kits provided at University Health Centre Pharmacy
 - ii. The Residence Community Standards Policy that is based on harm reduction and works to address cases of sexual assault and other misconduct using harm reduction.
18. According to the UASU 2021 Student Stress Survey Report²⁵:
- a. "1/3 of respondents reported constant severe stress in the Winter 2021 Semester";
 - b. "72% of respondents reported high or severe stress levels";
 - c. Stress levels were high across the board but differed by faculty with stress levels being highest in "Nursing, Arts, Campus Saint-Jean, women and gender minorities, and disabled students";
 - d. "1/3 of respondents said that stress had a major impact on their mental health in Winter 2021";

²² <https://cmha.bc.ca/documents/eating-disorders-3/#who>

²³ <https://www.apa.org/monitor/2019/02/legacy-trauma>

²⁴ <https://harmreduction.org/about-us/principles-of-harm-reduction/>

²⁵ UASU 2021 Student Stress Survey Report

- e. “2/3 of the students who worked from home said that it had caused them significant stress”;
 - f. Students listed a number of UASU services that were helping them manage their stress. Some of the top answers were “Week of Welcome and movie nights (each named by roughly 200 students). The Peer Support Centre, trivia nights, and board game rooms/nights also featured heavily”.
19. In 2018 The University of Alberta created a Suicide Prevention Framework²⁶:
- a. This report recognizes suicide as one of Canada's “most serious public health issues”;
 - b. They report that 14.9% of students have seriously considered suicide and 2.1% have attempted;
 - c. They created a list of recommendations including:
 - i. Demonstrate a visible commitment to mental health through top-down leadership support,
 - ii. Create a suicide prevention implementation committee to move the university forward on initiatives and recommendations,
 - iii. Create a full time suicide prevention coordinator position to help with the continuation of this initiative,
 - iv. Provide support to key units and services that will be involved in the implementation framework,
 - v. Engage with the greater edmonton and area community on suicide prevention initiatives,
 - d. Most of these recommendations have not been fulfilled.
20. The UAlberta gets most of its mental health funding from the provincial government. According to the Alberta 2030 Review²⁷:
- a. The government recognizes that mental health is a serious and pervasive issue in post-secondary;
 - b. The province will “ Continue to equip institutions with resources to support students’ mental well-being through the Mental Health Grant”;
 - c. “AAE will continue to provide annual funding (~\$8.6M total is budgeted annually) to PSIs and FNCs to support on-campus mental health resources”;
 - d. The University no longer needs to apply for funding every year. Rather they have been guaranteed approximately \$1.3 billion a year for the next three years.

²⁶ UAlberta SUICIDE PREVENTION FRAMEWORK

²⁷ Alberta 2030: Building Skills for Jobs

<https://www.alberta.ca/assets/documents/ae-ab2030-analysis-and-stakeholder-input.pdf>

Tuesday, September 7, 2021

2021-22 - Council Submissions

UASU Students' Council Agenda Submission

This form is intended to be used by members of Students' Council to submit items for Council meetings.

Council Meeting Date

Tuesday, September 7, 2021

Mover

Monteiro

Email

abner.monteiro@su.ualberta.ca

Action Requested

Information Items

Information Items

Abstract

Student Group Committee
Summer Trimester Report 2021/2022

Attachments



SGC_SummerReport_2021.pdf

Date: 07/09/2021

To: Students' Union Council

Re: Student Group Committee - Summer Trimester Report 2021/2022

Dear Council,

The Student Group Committee has not met all summer and just recently filled all the student-at-large vacancies. Please see the outline of our activities below.

Activities During the Trimester

Student Group Committee had its first meeting on August 24th, 2021. There is no activity to report other than the election of the chair and approval of standing orders. A full report will be provided to the Students' Council for the Fall Trimester.

Summary of Decisions, Recommendations and Motions

- Election of the chair of the Student Group Committee
- Approval of the Standing Orders of the Student Group Committee



Abner Monteiro

Chair, Student Group Committee

University of Alberta Students' Union



Get Out The Vote Campaign

Sep/Oct 2021

University of Alberta Students' Union

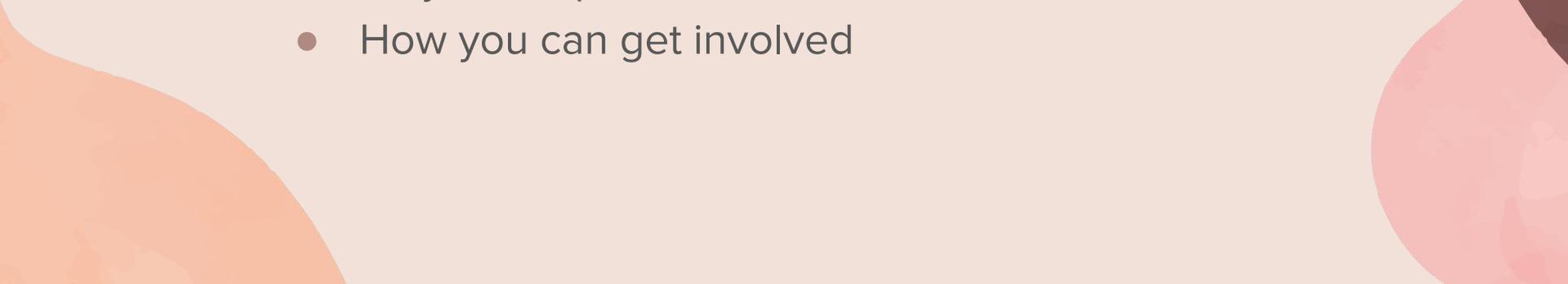


about myself

- **Jasmine**
- GOTV student coordinator
- 2nd year, Bachelor of Science



table of contents

- Upcoming federal & municipal elections
 - How to vote: federal election
 - How to vote: municipal election
 - Why is it important to vote?
 - How you can get involved
- 



upcoming
elections

election dates

Upcoming Elections

1

federal

Election Day: Monday,
September 20, 2021

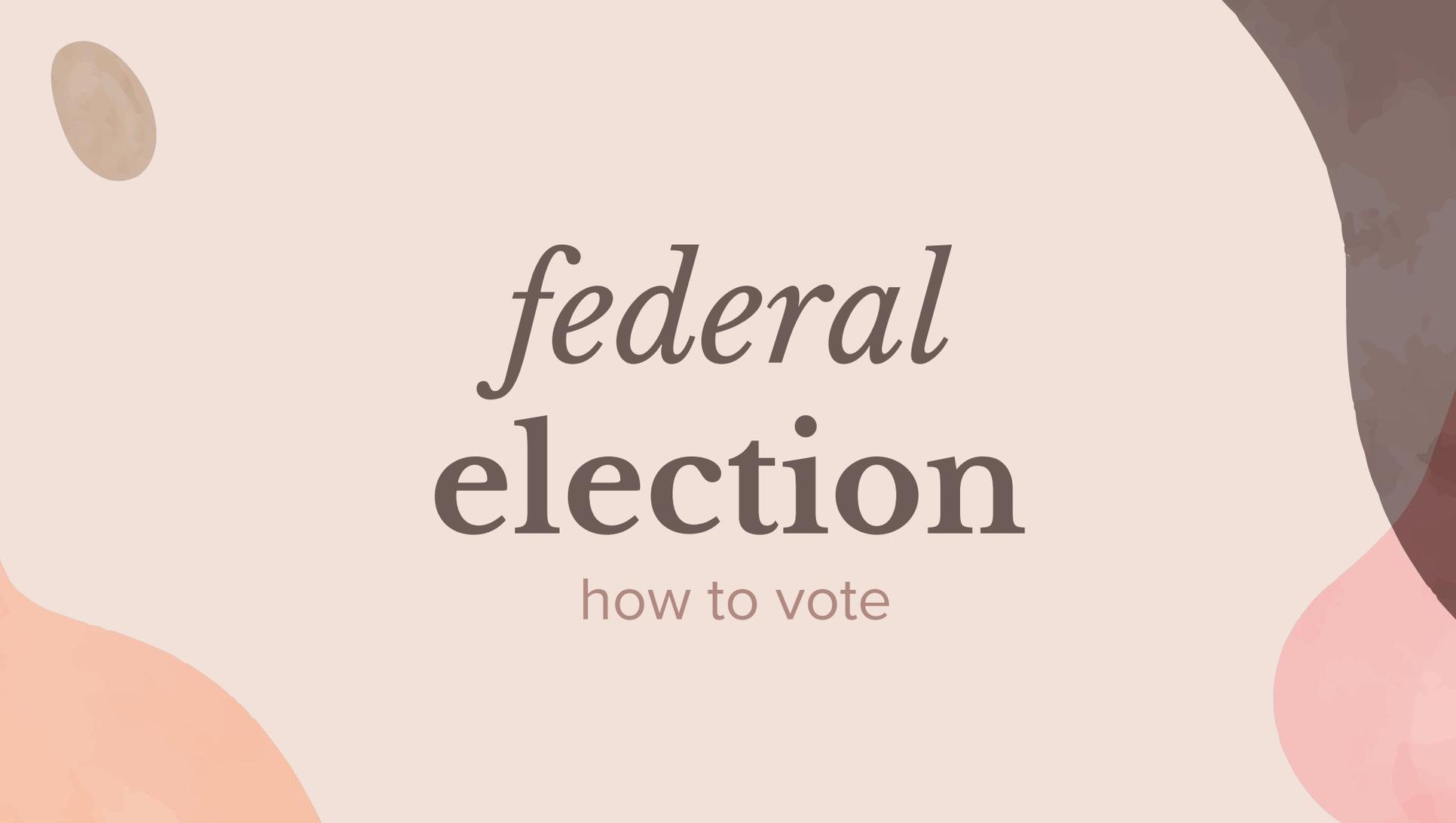
Electing: members of the
House of Commons to the
44th Canadian Parliament

2

municipal

Election Day: Monday,
October 18, 2021

Electing: 1 Mayor, 12
Councillors, 1 Catholic/Public
Schools Trustee



federal
election

how to vote

who can vote?

- A Canadian citizen
- 18 years old or older on election day
- Registered on the Voters List*

Check or add yourself to the voter registration list here.

Ways To Vote: *federal election*

01

in person

vote by September 14,
2021 at 6pm MST

02

by mail

apply before
September 14, 2021 at
6pm EST

03

advance voting

September 10-13, 2021
from 9am-9pm

01

in-person

You can vote in person at your Elections Canada office, any time **before 6:00 p.m. MST on September 14.**

Find the office closest to you.

link to the location finder!



02

by mail

You can vote by mail if you apply no later than **6:00 p.m. EST on September 14.**

[Fill out the form here.](#)

link to the form!



03

advance voting

September 10, 11, 12 & 13
from 9:00 a.m. to 9:00 p.m.

Advance Poll Address

St. Anthony Centre
10425 84 Avenue Northwest
Edmonton, AB

what to bring: *federal election*

To vote, you must be a Canadian citizen and at least 18 years old on election day.

Option 1



Show one of these pieces of ID

- your driver's licence
- any other card issued by a Canadian government (federal, provincial/territorial or local) with your photo, name and current address

Option 2



+



Show two pieces of ID

Both must have your name and at least one must have your current address

Examples:

- voter information card and bank statement
- utility bill and student ID card

Don't have these? No problem!

See the **list of accepted ID** for option 2 below

Option 3



+



If you don't have ID

You can still vote if you declare your identity and address in writing and have someone who knows you and who is assigned to your polling station vouch for you.

The voucher must be able to prove their identity and address. A person can vouch for only one person (except in long-term care facilities).

Full list of accepted identification from Elections Canada.



municipal
election

how to vote

who can vote?

- At least 18 years old
- A Canadian citizen
- A resident of Edmonton on Election Day

01

in-person

You can vote in person on
October 18, 2021 from **9:00am**
to **8:00pm**.

[Find your electoral district.](#)

link to the district finder!



02

advance voting

Advance voting is **October 4 - 13**
from 1:00pm -7:00pm including
Thanksgiving Monday (October 11).

03

special ballot

Available to voters who are unable to vote at an Advance Voting station or on Election Day.

edmonton.ca/specialballot



what to bring: *municipal election*

One Piece of Identification



Your Alberta Driver's Licence or Identification Card can be shown as one piece of ID, if it has your full legal name and current physical address.

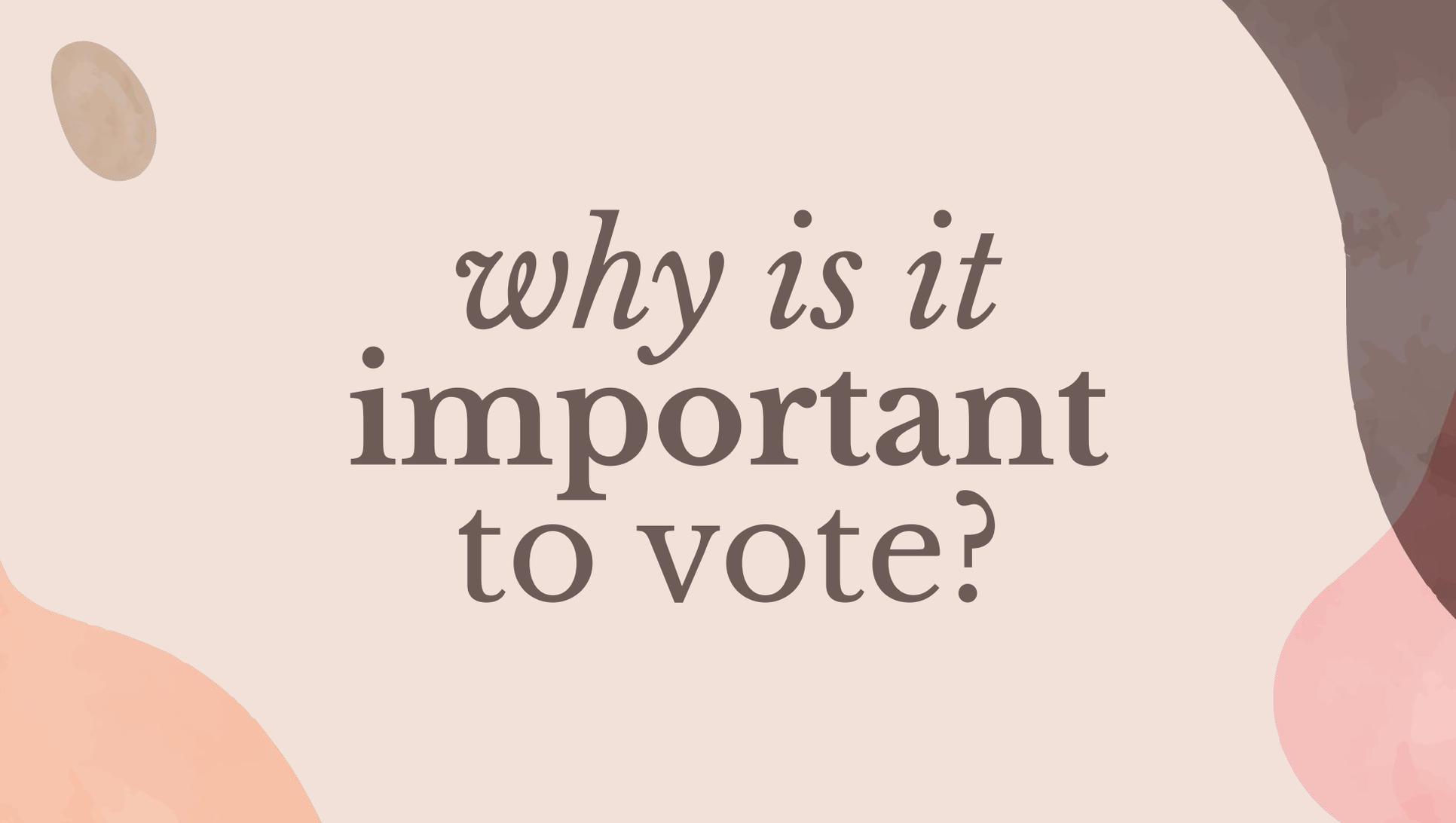
If your Driver's Licence or Identification Card does not have your current address, or only contains a mailing address (e.g. PO Box), you may use it as one piece of ID, in combination with another piece of ID showing your current physical address.

Identification must have your full name and residential address.

Two Pieces of Identification

When showing two pieces of ID, ensure that both contain your full name and that one piece shows your current physical address.

Full list of accepted identification from Elections Alberta.



why is it
important
to vote?



reasons to vote

- 18 to 35 year olds are now the largest voting bloc in Canada
- Voting is an important civic responsibility
- Student voices are important
 - Shape policies that will affect your education & future



getting
involved

getting involved

- Share information
- Join the volunteer team
- Connect GOTV with students
 - contact: ari.campbell@su.ualberta.ca