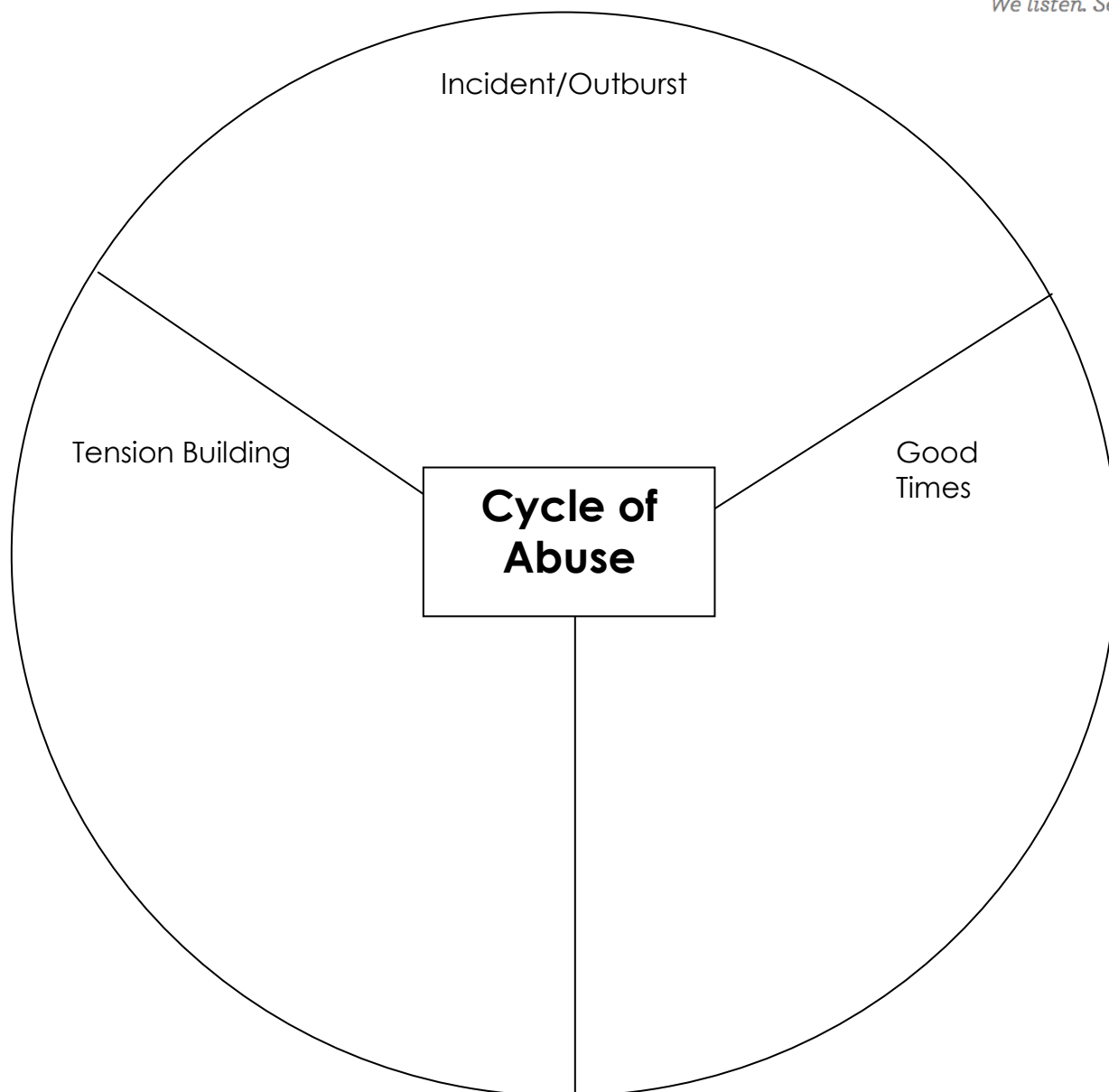


# Cycle of Abuse Exercise



## Crucial Points

- Cycle tightens
- Good times phase shrinks/disappears
- Violence escalates
- Cycle doesn't end without intervention

**P**

**I**

**E**

**S**

- DV leaflet