

Paper Clip Game

- 1. Hand out number of paperclips depending on the student's situation:
 - a. Single living at home 10 clips
 - b. Single living away from home 20 clips
 - c. Married 40 clips
 - d. Kids 10 clips/child
- 2. Each clip represents the student's income for the month (\$50/clip). The income amounts are based on Canada and Alberta Student loan guidelines.
- 3. Read out, in random order, the number of paper clips participants have to "pay" for each expense listed below.
- 4. Ask everyone when they ran out of paper clips
- 5. Discuss prioritizing. Questions to ask:
 - a. What expenses could you cut back on?
 - b. Are your spending habits in-line with your values?

	Example	# of Clips			
	average per	Single	Single	Married	Kids
Expense Types	month	home	Away		
Rent	\$400-\$1000	0	8	10	
Electricity	\$50-\$100	0	1	1	
Water	\$50-\$100	0	1	1	
Heat	\$50-\$100				
Telephone	\$25-\$50	1	1	1	
Smart Phone	\$25-\$100	2	2	2	
Regular Phone	\$20-\$50	1	1	1	
Internet	\$20-\$50	1	1	1	
Cable TV	\$10-\$50	1	1	1	
Groceries	\$150-\$300	3	5	8	2/child
Personal Care					
(Toiletries,					
feminine products,					
etc.)	\$10-\$80	1	1	2	2/child
Household					
incidentals					
(newspapers,					
bank fees etc.)	\$40-\$50	1	1	1	1/child
Clothing	\$50-\$200	2	2	4	2/child
Laundry	\$5-\$20	1	1	1	1/child
Transportation					
(bus, gas, parking,					
insurance, repairs)	\$20-\$300	6	6	6	
Eating out	\$20-\$80	2	2	2	
Recreation	\$50-\$100	2	2	2	1/child
Cigarettes	Variable	2	2	2	
Liquor	Variable	2	2	2	
	Total Monthly	28	40	48	
	Expenses				