

ORIENTATION 2013

What Do You Want To Start?



ORIENTATION



SEPTEMBER 2 & 3

Welcome to the University of Alberta!

YOU ARE ABOUT TO ENTER WHAT MIGHT BE THE MOST TRANSFORMATIVE PERIOD OF YOUR ENTIRE LIFE — IF YOU ALLOW IT TO BE!

If you're coming here to study at the U of A, I'm sure that you're already consumed by a thirst for knowledge and a hunger to achieve great things. I hope that you sustain that hunger throughout your years on campus and get the most out of your time here.

There are literally thousands of ways to get involved on campus! As president of the Students' Union, I hope that you consider getting involved with one of our many services or one of the over 400 student groups on campus, which cater to almost every interest. If you want to grow your body as well as your mind, the U of A has extensive varsity and intramural sports teams to challenge you physically. Is politics or student government more your thing? You can join a campus political association, student faculty association or run for Students' Council! This is **your** University and **your** Students' Union — make it **yours!**

While at the U of A, it's understandable that you may sometimes be driven to test your limits, but remember that the community here has the resources to help you when University isn't an easy ride. Sometimes we go through tough financial, mental, and physical times, and for that, we have a tremendous number of resources to support you, including emergency bursaries, a campus food bank, a student health and dental plan, and student counseling services. We encourage you to dedicate yourself to this community... you can also be sure you can lean on it for support!

Once again, welcome to the U of A, and congratulations on joining our community! I hope that your experience here will be just as transformative as mine has been.

PETROS KUSMU

President | University of Alberta Students' Union



New Student 'To Do' list:

SPRING 2013

- ☑ Register for your classes using the BearTracks online registration system:
<https://www.beartracks.ualberta.ca>
- ☑ Apply for your spot in residence:
www.residence.ualberta.ca
- ☑ Reserve a parking pass online with Ancillary Services:
www.asinfo.ualberta.ca/ParkingServices

EARLY SUMMER 2013

- ☑ Submit all transcripts by the deadline indicated on your offer letter. Please note that transcripts are not automatically sent to the University of Alberta.
- ☑ Upload your ONEcard photo in advance:
www.onecard.ualberta.ca
- ☑ Registration opens for Orientation 2013:
www.su.ualberta.ca/orientation
- ☑ Student loan applications for the Fall semester will be available in June. For all your student loan needs, visit
www.su.ualberta.ca/sfaic
- ☑ **July 19 & 20:** Family Orientation
(registration closes July 12)

LATE SUMMER 2013

- ☑ **August 15:** Deadline to pay your \$175 confirmation deposit, in order to keep your registration in classes in the Fall/Winter semesters
- ☑ **August 15:** Log onto BearsDen with your CCID after **August 19** to connect with Orientation Leaders and get your detailed Orientation schedule: <https://alberta.collegiatelink.net/organization/orientation>
- ☑ **August 9:** Pre-Orientation
(registration closes August 2)
- ☑ **August 17:** Parent Orientation
(registration closes August 9)
- ☑ **August 23:** Deadline to register for Orientation 2013
- ☑ **September 2 & 3:**
Attend Orientation 2013!

Why You Can't Afford To Miss Orientation...

AT ORIENTATION YOU WILL:

ACCESS *services and resources that are focused on giving you the best first year experience possible.*

- Get your ONEcard, UPass, and Student Handbook and planner in a streamlined process
- Receive direct advice and help from current students and staff
- Take a campus tour that revolves around what YOU need to know
- Have the best all-in-one guide to navigating university that you won't get again

DISCOVER *what the university can do for you throughout your academic career and beyond.*

- Learn about the University and Students' Union services that are always available and how to use them
- Find out how student involvement is just as valuable as classroom curriculum
- Meet people with the same interests as you
- See how the U of A can help you find a job—for now or later

EXPERIENCE *the very beginning of university culture, tradition, and community.*

- Network with peers and contacts in your faculty
- Participate in the annual Presidents' Address—our exciting, high-energy welcome ceremony
- Engage in faculty pride

At Orientation 2013, you will start something—
what will you turn that experience into?

Make This Your Orientation...

MONDAY

September 2

9:00AM	Check-In
9:30AM	Welcome Session
10:30AM – 12:00PM	Rotating Sessions
12:00PM	Lunch (not provided)
1:00PM – 4:30PM	Rotating Sessions
4:30PM	Team Meeting

TUESDAY

September 3

9:30AM	Welcome Breakfast (provided)
10:00AM – 12:00PM	Faculty-Specific Sessions
12:00PM	Lunch (not provided)
1:00PM – 2:00PM	Rotating Sessions
2:00PM – 5:00PM	Conference Sessions
5:00PM – 6:00PM	Faculty Reception (food provided)
7:00PM	Presidents' Address

Have a burning question about University life?

Submit it anonymously to our Panel via **UAlbertaPanel@gmail.com** throughout the summer. They will reply to your question and they might also feature it in the Panel on Student Transitions session!

Looking to join a student group?

Log in and create your profile on BearsDen. When you manage your interests on your profile, the database will shortlist a list of groups for you!

Worried about getting around campus?

Bring your class schedule from Bear Tracks so your Orientation Leaders can adjust the campus tour to include your buildings.


Want to know who you'll be spending Orientation with?

Sign in on BearsDen. Orientation Leaders will add you to your Orientation group in August, allowing you to connect with them and other students in your faculty. You will also get your personal Orientation schedule.



BearsDen is the University of Alberta's online centre for organizing and promoting student involvement opportunities.

<https://alberta.collegiatelink.net>



At Orientation 2013, we offer specific sessions that are tailored to address various aspects of the first year experience. Part of your schedule will consist of sessions that all new students participate in (Required Sessions). Your personal schedule will also include open blocks for the three Conference Sessions of your choice. Access it from BearsDen at <https://alberta.collegiatelink.net>. Your Orientation Leaders will help you find the sessions you want during Orientation.

REQUIRED SESSIONS

University 101

You've probably been told that university is nothing like high school, but we will show you how! It may not be in the ways you expect.

Connecting U

University and Students' Union services and student governance are all in place to serve you and the student body. Discover how they affect you, as well as the opportunities that they present.

Panel on Student Transitions

Get first-hand advice and answers from current students to all of your questions about university life.

Student Life & Clubs Fair

The university supports a wide and diverse number of student groups. Speak one-on-one with student participants and volunteers and see what interests you!

Campus Tour

Become more familiar with campus in general and find your classrooms.

Faculty-Specific Sessions

Meet student representatives and staff from your faculty.

CONFERENCE SESSIONS

Campus Culture

Campus is a unique and very diverse setting. Get a detailed sense of the different spaces and environments on campus.

Secrets to Academic Success

Explore what you need to know about study tips, learning strategies, and dealing with stress before you even step into a classroom.

Party Smart & Sexy

University will offer you many new social opportunities, so to have the most fun in any situation, find out what you need to know to stay safe and, if you're ever in a scenario that requires intervention, discover the best ways for you to respond.

Start Something

Learn about opportunities both on and off campus that will help you foster transferrable skills and your leadership potential, such as travel abroad, applying for scholarships, and volunteering.

The Ultimate Life Survival Guide

Discover ways to improve several practical skills, whether you're living alone, living at home, or wishing you lived somewhere else. Includes topics like budgeting, good mental and physical health, and a special section on dealing with home emergencies.

Computers & Libraries

This is your comprehensive how-to guide for navigating the many unique digital portals of the U of A.

Jump Start Your Orientation Experience

The University of Alberta offers summer Orientation programs for families, parents, and students who want extra information before Orientation 2013 in September. If you are a student that also identifies as an international student, a student living in Lister, or an Aboriginal student, make sure to also register for your additional applicable Orientation programs listed below!

Family Orientation

University a big step for you, and it's a big deal for your family as well! Family Orientation, on Saturday, **July 20**, has separate programming for students, and parents and guardians. You will learn about the transition to post-secondary life, while your parents will learn how to best support you.

Family Orientation also gives you the opportunity to try out living in residence. On Friday, **July 19**, families can attend a Residence Services orientation and spend the night in Lister Centre before attending the rest of Family Orientation the next day.

Parent Orientation

Parent Orientation is a program for parents and guardians only, designed to provide them with the tools to support a student throughout their post-secondary education. It provides an opportunity to learn about the transition and to meet other parents in an environment without their students present. Parent Orientation is a one-day workshop that will be held on Saturday, **August 17**.

Pre-Orientation

Orientation asks you: What do you want to start? This year's Pre-Orientation program will give you the tools to start a campaign on campus, effectively brand yourself, or simply meet other students in a smaller setting. Pre-Orientation happens this year on **August 9**.

NOTE: *There are additional fees attached to these programs. For more information regarding schedules, payment, and registration deadlines, please visit www.su.ualberta.ca/orientation*

Other University of Alberta Orientations

Type of Student	Name of Orientation	Contact Information	Dates
International	Transitions	www.iss.ualberta.ca 780-492-2692	August 28 - 30
Lister Hall Resident	Base Camp	www.bit.ly/UAlbertaBaseCamp 780-492-4242	August 26 - 30
Aboriginal	Bridges	www.aboriginalservices.ualberta.ca 780-492-5677	August 29 - 30

How Do I Register?

1. Visit su.ualberta.ca/orientation by Friday, **August 23**.
2. Fill out the form to register for Orientation!
3. Log on to BearsDen after **August 19** to connect with Orientation Leaders and see a detailed Orientation schedule.
4. Explore the Orientation web page to learn more about the experience.

NOTE: *If you do not have access to a computer with Internet capabilities, or if you have any questions about the program, please call **Alesha Reed**, Centre for Student Development Administrative Coordinator at **780-492-9149**.*

What Should I Bring?

- ☒ Lunch/water bottle
- ☒ Comfortable walking shoes
- ☒ Pen and paper
- ☒ Your personalized Orientation schedule (*available from BearsDen*)
- ☒ Your class schedule to find your classrooms during the tour
- ☒ Your general Conference Session selections
- ☒ Your Campus Computing ID (CCID) and password for computer access
- ☒ Your U of A ID number and a piece of photo ID, in order to get your ONEcard and UPass
- ☒ Layered clothing is recommended, as you'll be moving between buildings and the weather may vary

NOTE: *Parking on campus is limited. Bringing change for the parking lots, getting a ride, or taking ETS is recommended.*

Contact Us


E: orientation@su.ualberta.ca

P: 780-492-4086

F: 780-492-7267

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 facebook.com/UACSD

 [@UAorientation](https://twitter.com/UAorientation) #UAorientation2013



U OF A'S OFFICIAL ID *& SO MUCH MORE!*

» DEBIT CARD

» PRINT & COPY

» LIBRARIES

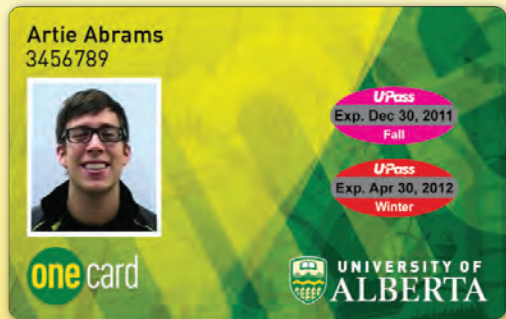
» TRANSIT

» BUILDINGS &
RESIDENCE HALLS

» PHYS ED FACILITIES

» MEAL PLANS

FIND ALL THE DETAILS AT **WWW.ONECARD.UALBERTA.CA**



ONLINE PHOTO SUBMISSION

WWW.ONECARD.UALBERTA.CA

Upload your ID photo on our website before August 25th
and your ONEcard will be ready for pick-up at Orientation!