

Lunch Habits Survey Report

Oct. 23, 2024

Prepared for UASU VP Operations and Finance
Levi Flaman



Summary

This survey was available to the university community through Perks during the month of October. In total, it collected responses from 1,649 unique individuals.

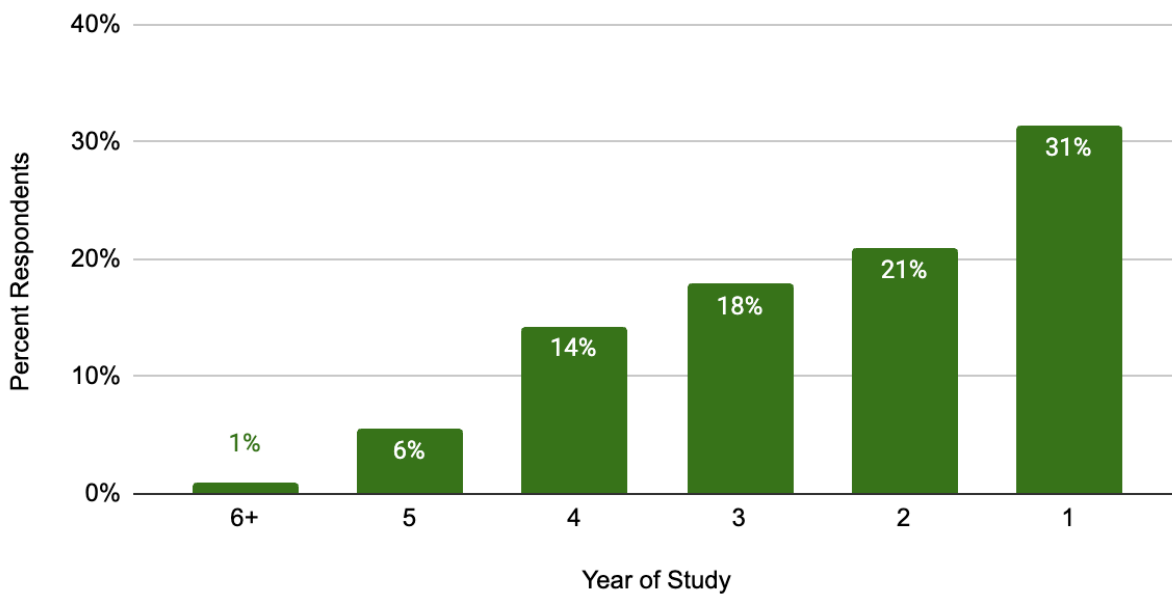
The purpose of this survey is to assess the lunch habits of students at the U of A, particularly whether they pack or buy a lunch.

Data

Over half of the respondents are in their second or first year of study at the U of A. Only 7% of respondents are in their fifth year or above.

Respondent year of study

n=1,649

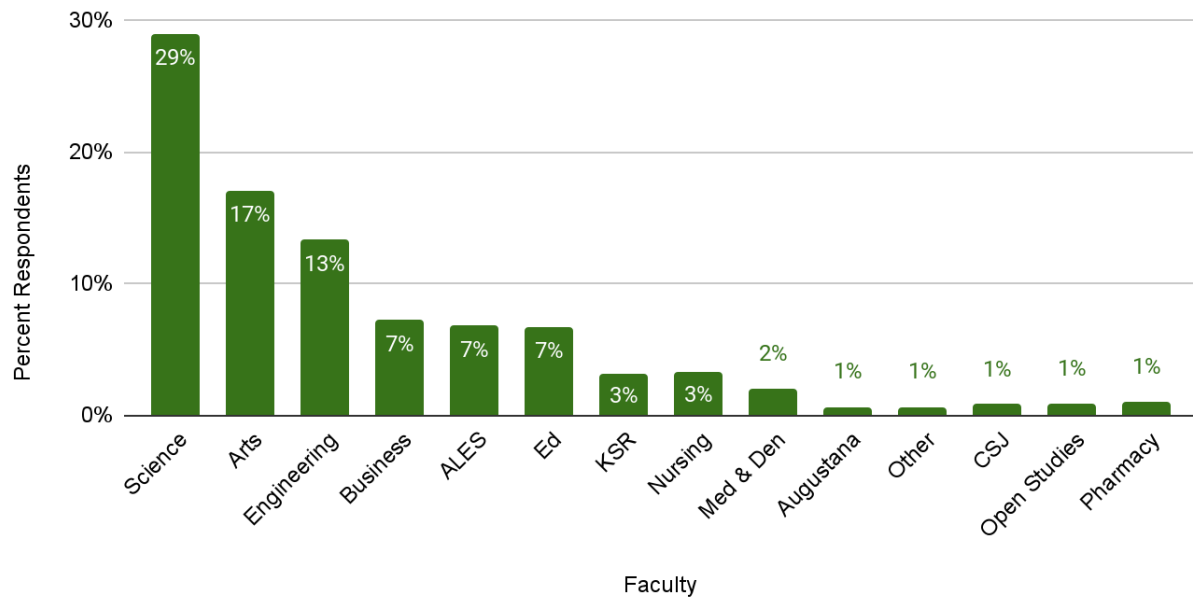


29% of the respondents are from the Faculty of Science. 17% are from Arts, and 13% from Engineering.

Only 2% of respondents are from Augustana or CSJ.

Respondent faculty

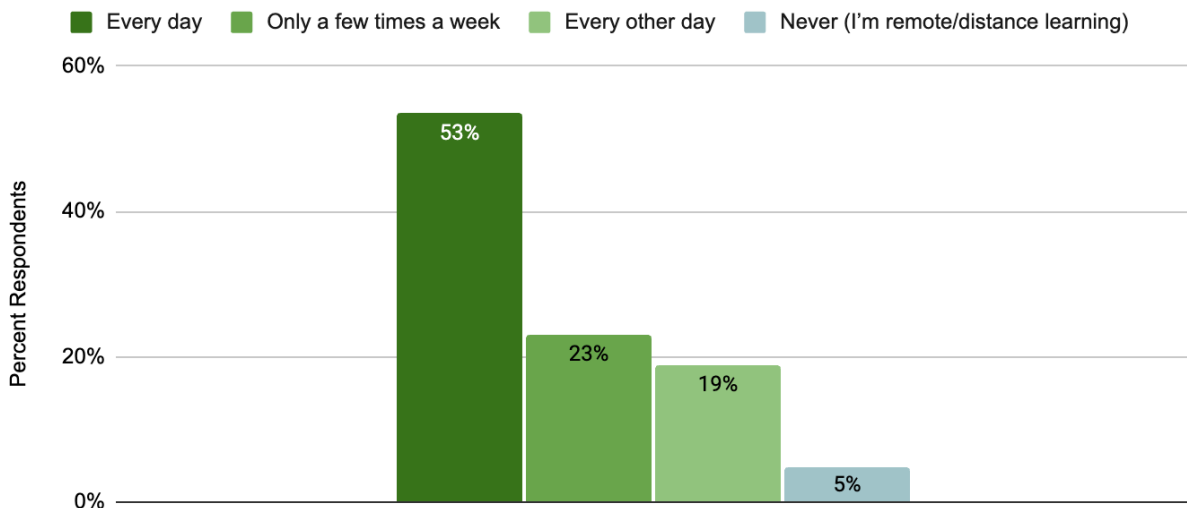
n=1,649



Turning to lunch habits, 53% of respondents indicated that they eat lunch on campus every day. 23% are only on campus for a few lunches a week, while 5% are never on campus for lunch.

How often are you on campus for lunch?

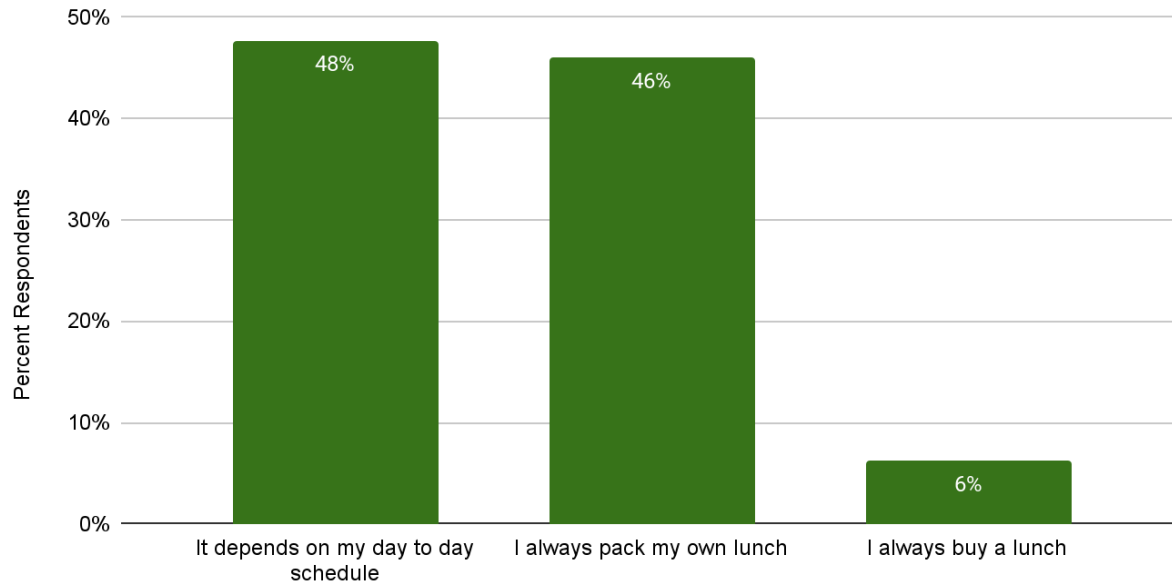
n=1,649



When on campus, 46% of respondents report always packing a lunch. Alternatively, 6% report always buying a lunch. 48% of respondents were on the fence, stating that whether or not they pack or buy depends on their schedule.

When you are on campus, do you usually pack a lunch or buy one?

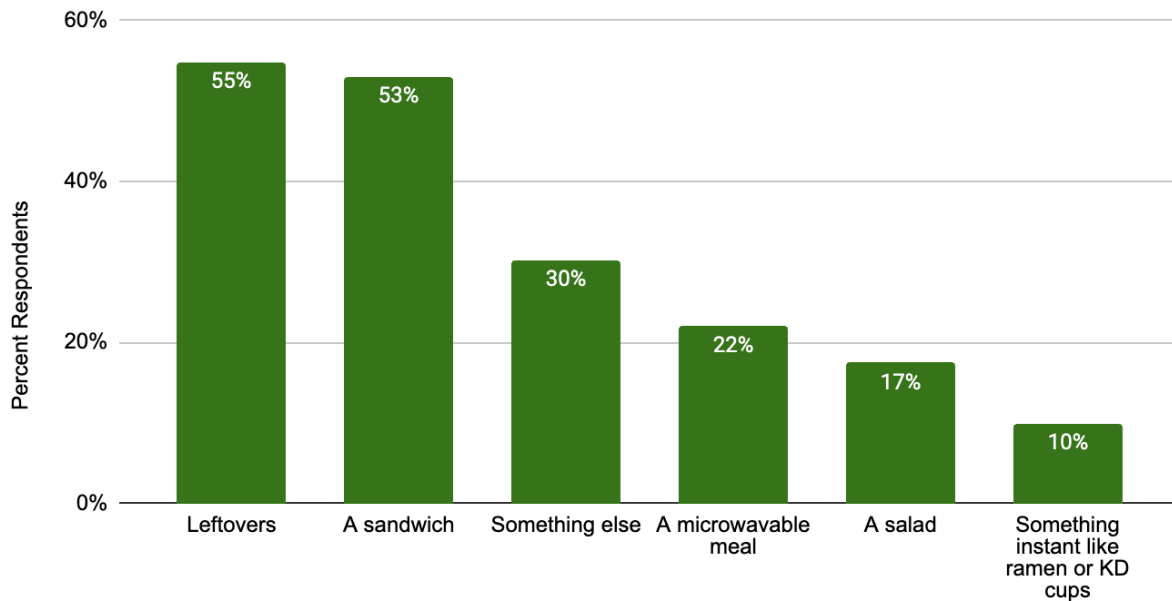
n=1,649



Those students who do pack a lunch report bringing leftovers (55% of respondents), a sandwich (53%) or something else (30%).

If you pack a lunch, what do you normally make? (Select all that apply.)

n=1,649

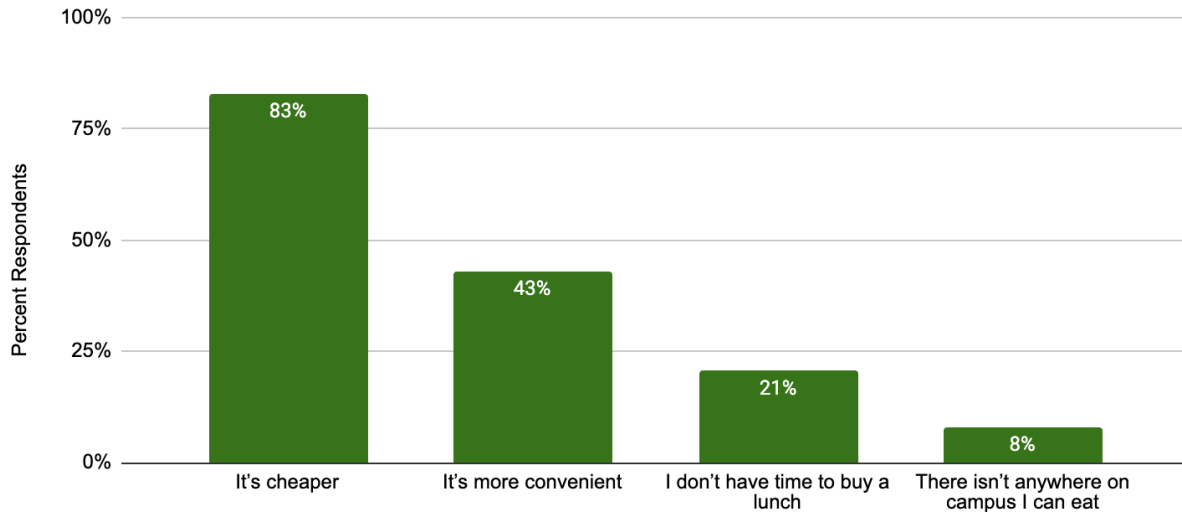


When asked about why they prefer to pack a lunch, 83% of respondents claimed that they do because it is cheaper. 43% highlighted convenience, and 21% of respondents stated that they don't have time to buy a lunch.

8% of respondents stated that they pack a lunch because there isn't anywhere for them to eat on campus.

Why, if for any reason in particular, do you prefer to pack a lunch? (Select all that apply)

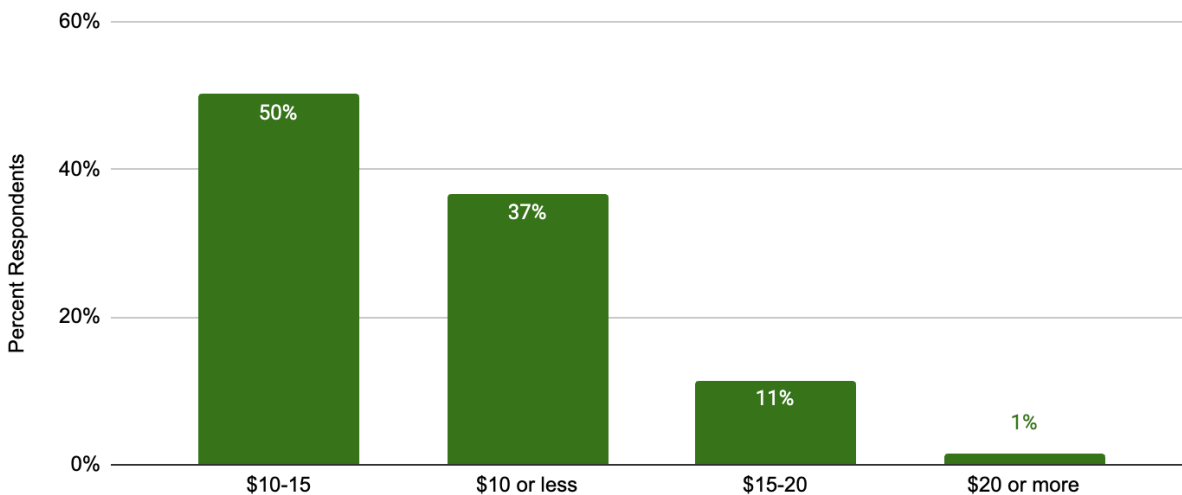
n=1,649



The majority of students who buy a lunch report that they are willing to spend between \$10 and \$15. 37% said \$10 or less, and only 12% reported that their budget is \$15 or more.

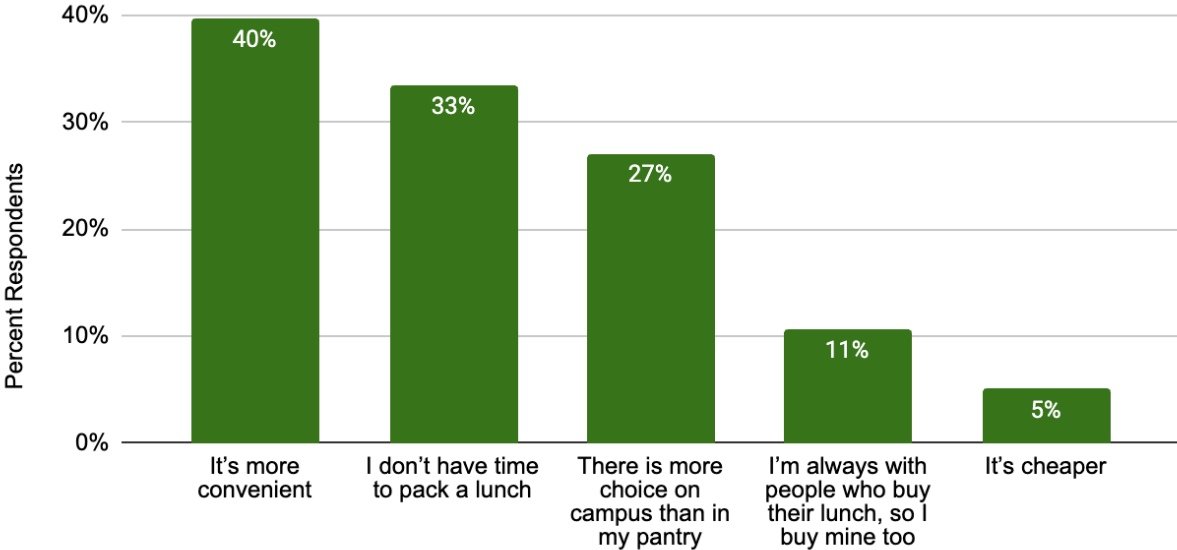
If you buy a lunch, how much are you willing to spend?

n=1,649



When asked about why they prefer to buy lunch, 40% of respondents said that it is more convenient. 33% reported that they buy because they don't have time to pack a lunch, and 27% determined that it is because there is more choice on campus. Only 5% claimed cost as a major factor in their decision to buy lunch. Additionally, 11% of respondents reported that the reason they buy a lunch is because their peers do.

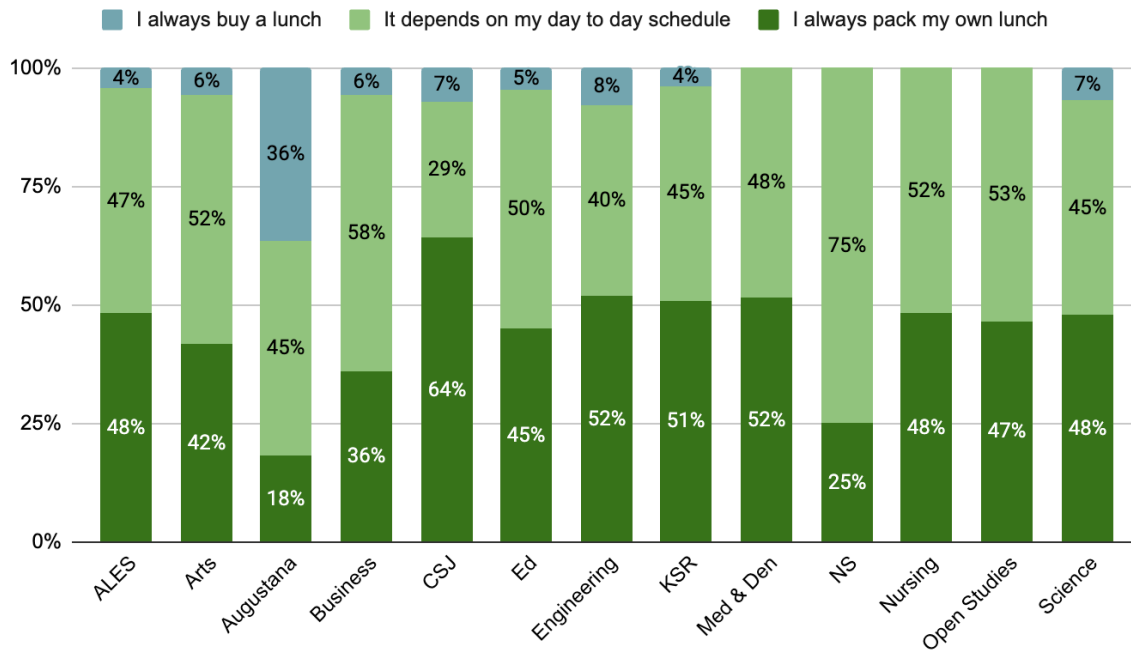
**Why, if for any reason in particular, do you prefer to buy a lunch?
(Select all that apply)**



Upon deeper analysis of the data, there is no clear pattern regarding packing or buying a lunch between faculties. For science students, approximately 48% always pack their own lunch, while 7% always buy a lunch. Comparatively, 36% of Augustana respondents report they always buy a lunch, while 18% always pack a lunch.

When you are on campus, do you usually pack a lunch or buy one?

n=1,649



In comparison to the above faculty chart, there appears to be no significant differences in lunch habits between years of study, as students typically dictate their lunch based on their schedule, or pack a lunch.

When you are on campus, do you usually pack a lunch or buy one?

n=1,649

